

## WEEK 2 - SEPTEMBER 25, 2016

### Sermon Title: Eat Your Humble Pie

Sermon Passages: *Philippians 2:1-11; Ephesians 2:8-9; Matthew 20:28; Mark 10:43-45*

### Life Group Passage: *John 13:1-17*

Big Idea: *We need to embrace humility.*

#### Themes:

- You are all in need of God's grace.
- We cannot boast in our ability, but only in the grace of God.
- Follow the example of Christ until you love yourself less than you love others.
- You cannot be a godly spouse if you are focusing on yourself.

#### GENERAL DISCUSSION QUESTIONS

- How's your mind? Look at those three things Jesus is confident in from verse 3. Are you confident in the same things? Do you have confidence about why God created you, like you, and like nobody else, and how you are uniquely designed to represent Him in this world?
- We should work hard at building relationships with people, not just to 'win them to Jesus', but because we genuinely love people and feel a burden for them. This is especially true when we have the mind of Christ, because He had the same love and burden for people.
  - Who are those people in your life? Who, in your life, do you know well enough to have a spiritual burden for because they have not been cleansed by Jesus' sacrifice?
  - What are you doing / can you be doing, to effectively wash their feet (serve them)?
  - How does this relate to our relationships with our spouse, our children, our coworkers, our neighbors?
- As you read the interaction here between Judas and Jesus, what does it teach you about relationships? (Consider that Judas' actions were known to Jesus already and that Judas was not only in Jesus' inner circle, but that he was trusted with the money!)

#### MARRIAGE DISCUSSION QUESTIONS

"I am my biggest marital problem." - Paul David Tripp

You are powerless to love your spouse the way you promised you would, the way you dreamed you would, and the way God designed that you should.

- Until you acknowledge the brokenness in your own heart and turn to the One who is ready and willing to help you, your relationships will remain broken.
  - Read and reflect on Psalm 139:23-24. In which ways have you been angry, selfish, prideful, lazy, controlling, and critical in your marriage?
  - How do you think your sins have impacted your marriage? Be specific.
  - Share with your spouse some of your answers from questions 1 and 2 above. NOTE: When listening to your spouse share their answers, please do not provide any feedback other than thanking them for sharing.

#### SINGLE DISCUSSION QUESTIONS

- Read and reflect on Psalm 139:23-24. In which ways have you been angry, selfish, prideful, lazy, controlling or critical in your relationships?

- How do you see your personal sins impacting your relationships?

#### ACTION ITEM

- Draw a circle on a piece of paper.
  - On the outside of the circle, write the names of your closest friends, your spouse and children.
  - On the inside of the circle, write your name.
  - This is now a visual representation of what you can change - everything that is inside the circle. Start working on changing everyone inside the circle.
- Write a collective list (with your spouse) of 4 areas of brokenness in your marriage that you are committed together to addressing and improving. Then, make at least one concrete idea that you can implement weekly. For example, one area of brokenness may be lack of communication; one concrete idea will be to take a walk once a week for at least 30 minutes just to talk together.