

SOS - Save Our relationShips!
#RelationshipGoals God's Way! Pt.5

Ephesians 4:20-32
 October 16, 2016

Truth: We all have harmful relational patterns that we need to allow God to change in us, or they will destroy those we love and us.

Hebrews 10:24, *And let us consider how we may spur one another on toward love and good deeds, ²⁵not giving up meeting together, as some are in the habit of doing, but encouraging one another...*

How Do We Spur Each Other On To Save Our relationShips:

1. Walk In TRUTH

(Ephesians 4:22-24)

- **Put Off Your Old SELFISH-SELF**
- **Renew Your MIND**
- **Put On Your NEW SELF**

2. Walk In LOVE

(Ephesians 4:25-28)

- **Don't Lie; Speak TRUTH**
- **Don't Sin In Your ANGER**
- **Don't Steal; WORK HARD**

3. Walk In WISDOM

(Ephesians 4:29-32)

- **Don't Harm With Words; BUILD UP**

- **Don't Grieve The HOLY SPIRIT**
- **Don't Be Bitter; Be Kind And FORGIVE**
Do's And Don'ts Of Great Relationships:

	Don't	Do	Reason
1.	Lie	Speak the truth in love to one another	Great relationships are built on truth and trust
2.	Sin in anger	Resolve anger	Great relationships resolve anger quickly and appropriately
3.	Steal	Work, carry your own weight	Great relationships entail both parties pulling their own weight
4.	Speak harmfully	Say the right thing at the right time	Great relationships are crammed with encouraging conversation
5.	Grieve the Spirit	Be led by the Spirit	Great relationships are growing spiritually
6.	Be bitter, angry, contentious, or slanderous	Be kind, tender, and forgiving	Great relationships require mutual compassion and forgiveness

Cottonwood Challenge:

Further Study: Psalm 7:11-13, Psalm 18:2, Psalm 51:10, Mark 1:14-15, Acts 17:29-31, Romans 12:1-2, 1 Corinthians 6:11, 2 Corinthians 4:16-18, 2 Corinthians 5:17, Galatians 5:16-18, Philippians 4:6-8, Colossians 3:5-11, 2 Peter 3:9

- Take some time to think about each of these commands given by Paul. Which one or two do you struggle with the most?

- Have a conversation with your spouse or with a close friend. Ask them to rate you lovingly on the 'Do's and Don'ts.'
- Ask them to give you examples that would improve on your worst areas.
- For all our guests, we would like to invite you to a Question and Answer time with Pastor John Mark next Sunday, October 23rd. We will meet in the Game Plan Center after the 11:00a Worship Service.