

## ***How To Change Your Life By Changing Your Mind!***

Sermon Series: Transformed, Pt.3

September 21, 2014

**Romans 12:2**, *Do not conform to the pattern of this world, but be transformed by the renewing of your mind.*

### **God Is More Interested In Changing MY MIND Than MY CIRCUMSTANCES.**

#### **Why Is It So Important To Renew My Mind?**

- **Because My Thoughts Control My LIFE**  
**Proverbs 4:23**, *Above all else, guard your heart, for everything you do flows from it.*
- **Because My Mind Is The Battleground for SIN**  
**Romans 7:22-23**, *For in my inner being I delight in God's law; <sup>23</sup>but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me.*
- **Because My Thoughts Are The Key To PEACE & HAPPINESS**  
**Romans 8:6**, *The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.*

#### **Three Daily Choices To Renew Your Mind:**

##### **1) I Must FEED My Mind With The TRUTH.**

**Matthew 4:4**, *Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'*

**Psalm 119:147**, *I rise before dawn and cry for help; I have put my hope in Your word.*

**Psalm 119:97**, *Oh, how I love Your law! I meditate on it all day long.*

**Psalm 16:7**, *I will praise the LORD, who counsels me; even at night my heart instructs me.*

**Psalm 119: 95**, *The wicked are waiting to destroy me, but I will ponder Your statutes.*

**Question:** When Should You Feed Your Mind With The Truth?

**“ALL THE TIME”**

##### **2) I Must FREE My Mind From DESTRUCTIVE THOUGHTS.**

#### **Three Enemy Forces That Battle Against My Mind:**

- **My OLD NATURE**  
**Romans 7:23**, *but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me.*  
**Romans 8:5**, *Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.*
- **SATAN**  
**2 Corinthians 2:11**, *...in order that Satan might not outwit us. For we are not unaware of his schemes.*
- **The WORLD'S VALUES**  
**1 John 2:16**, *For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life—comes not from the Father but from the world.*

#### **How Temptation Works:**

**James 1:14-15**, *...each person is tempted when they are dragged away by their own evil desire and enticed. <sup>15</sup>Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.*

#### **The Path To Sinful Thinking And Doing:**

“Desire Gives Way To Doubt—Doubt Opens The Door For Deception—Deception Leads To Sinful Thinking And Actions!”

**Psalm 119:112**, *My heart is set on keeping Your decrees to the very end.*

### 3) I Must **FOCUS** My Mind On The **RIGHT THINGS**.

- **Think About JESUS.**  
**Hebrews 12:1**, ...*let us run with perseverance the race marked out for us, <sup>2</sup>fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before Him He endured the cross, scorning its shame, and sat down at the right hand of the throne of God. <sup>3</sup>Consider Him who endured such opposition from sinners, so that you will not grow weary and lose heart.*
- **Think About OTHERS.**  
**Philippians 2:4**, ...*not looking to your own interests but each of you to the interests of the others.*  
**Hebrews 10:24**, *And let us consider how we may spur one another on toward love and good deeds...*
- **Think About ETERNITY.**  
**Colossians 3:2**, *Set your minds on things above, not on earthly things.*  
**1 Corinthians 2:9**, *However, as it is written: "What no eye has seen, what no ear has heard, and what no human mind has conceived"—the things God has prepared for those who love Him...*

#### **My Part In Coming Back To God:**

- 1) Make a commitment to be at a service each Sunday  
(9:30a, 11:00a or 6:15p)
- 2) Join a Life Group on Sunday mornings  
(8:30a, 9:30a or 11:00a)
- 3) Join a Home Group: [cottonwoodcreek.org/connect/home-groups/](http://cottonwoodcreek.org/connect/home-groups/)
- 4) Buy a Daily Transformed Study Guide: [www.saddlebackresources.com](http://www.saddlebackresources.com)
- 5) Follow the Pastor's daily Transformed thoughts and staff blogs.  
([www.johnmarkcaton.com](http://www.johnmarkcaton.com); FB: John Mark Caton; Twitter: @JohnMarkCaton; or [www.cottonwoodcreek.org](http://www.cottonwoodcreek.org))