

Our Mini-Dreams

MARRIAGE DATE NIGHT

Best Use

As a date night discussion guide.

Nutritional Value

Nurtures a pattern of fun dates and creative times for couples to connect with each other throughout the year.

Advance Preparation

- Schedule a dinner or coffee date within the next few weeks.
- Each spouse check at least 3 items found on the reverse side he or she would like to do together.

During the Date/Discussion

- 1. Each spouse takes turns sharing their top 3 choices.
- 2. Spend some time dreaming up other things to do together.
- Plan and schedule two additional dates taking turns selecting from this list to start mini-living your minidreams.

Mini-Dreams Activities

Check all that you would enjoy doing with your spouse.

- □ Go bowling
- 🗆 Go to a museum
- □ Find new games to play
- □ Take a cooking class
- □ Go dancing/dance lessons
- □ Camp out-in the house or yard
- □ Movie marathon
- Go to the zoo
- □ Find a new hobby together
- Go to a concert
- □ Have a progressive dinner date
- Put a puzzle together
- Find a drive-in movie or have your own in the backyard
- Find a way to serve together
- □ Go on walks
- Play on a playground
- □ Work in the yard/garden
- □ Go through old pictures, share wonderful memories
- Put together your family tree
- □ Go on a road trip
- □ Try a new restaurant
- Meet a new neighbor; bring them goodies you baked
- □ Go roller-skating
- □ Play putt-putt golf
- □ Go horseback riding
- People watch at the mall
- □ Eat on your good china
- □ Plant a tree together
- Pick blueberries/peaches to make something with the fruit

- Make activity coupon books for each other
- 🗆 Go to a musical
- Have a massive food fight or water fight
- □ Go on a scavenger hunt; make scavenger hunts for each other
- Spend preset amount of money on each other to window shop with "pretend" money
- □ Go to an IMAX film
- □ Take a photography class
- □ Go fishing
- Build a fire to make s'mores
- Rent a favorite movie the other has not seen
- □ Star gaze
- □ Fly a kite together
- □ Ride go-carts
- Build something together
- □ Go to a sporting event
- □ Run through the sprinkler
- Do day trips to small towns
- Ride bikes or trail hike
- □ Go bird watching
- □ Start collecting something
- Make a list of compliments to share with each other
- Find a new recipe, grocery shop and cook it together
- Pray aloud for each other
- □ Go to the Arboretum/park for a picnic and pictures