

# *faith@home* *Recipe Card*

## Creating a Marriage Masterpiece

———— MARRIAGE DATE NIGHT ————

### **Best Use**

As a pre-planned date night discussion.

### **Nutritional Value**

Nurtures a shared vision of God's design for your marriage.

### **Advance Preparation**

- Schedule a dinner or coffee date at least two weeks out
- Each spouse listens to the "Love and Respect in Marriage" ([www.loveandrespect.com](http://www.loveandrespect.com)) web site or read the book and reflect on the questions on the back of this recipe card.
- Write down your thoughts to discuss them on the date.

### **During the Date/Discussion**

1. Each spouse take turns sharing his or her answers to the reflection questions.
2. Brainstorm the What If? scenario together.

## Reflection Questions

Question: Before listening to or reading Love and Respect, what would I have said if asked to explain the purpose of our marriage?

Question: How does understanding God's design for marriage change or influence that answer?

Question: Love and Respect describes several characteristics of marriage that should be seen in our marriage. Which of those characteristics come easy and which come harder?

- The Crazy Cycle – dealing with our reactions
- The Energizing Cycle – recognizing our motivations
- The Rewarded Cycle – understanding the bigger picture

Question: What one thing will I try to do that might move our marriage closer to love and respect each other?

## What If?

Brainstorm the following together to come up with at least ten answers.

*The romance fairy just flew up and handed us ten thousand dollars that must be spent on a five day get-away without the kids. He said we can't go to a place we've been to before and we must try some new adventure. Where would we consider going and what adventures would we try?*