

Life Matters More When You Honor God Spiritually!
Life Matters More When You Honor God, Pt.1

Psalm 1
January 8, 2017

2 Corinthians 13:5, *Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?*

Romans 6:23, *For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*

Jeremiah 29:13, *You will seek Me and find Me when you seek Me with all your heart.*

Five Keys To Spiritually Healthy People:

1. Spiritual Health Begins With The COMPANY YOU KEEP

Psalm 1:1, *Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers...*

Matthew 5:6, *Blessed are those who hunger and thirst for righteousness, for they will be filled.*

Proverbs 11:27, *Whoever seeks good finds favor, but evil comes to one who searches for it.*

2. Spiritually Healthy People Soak Up GOD’S WORD

Psalm 1:2, *but whose delight is in the law of the Lord, and who meditates on His law day and night.*

Psalm 37:4, *Take delight in the Lord, and He will give you the desires of your heart.*

Proverbs 16:20, *He who gives attention to the Word will find good, And blessed is he who trusts in the LORD.*

3. Spiritually Healthy People PRODUCE FRUIT

Psalm 1:3, *That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.*

John 15:4, *Remain in Me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in Me.*

4. Spiritually Healthy People WEATHER THE STORMS

Psalm 1:3, *That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. ⁴Not so the wicked! They are like chaff that the wind blows away.*

Jeremiah 17:7, *“But blessed is the one who trusts in the Lord, whose confidence is in Him. ⁸They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.”*

5. Spiritually Healthy People Live With INTEGRITY

Psalm 1:5, *Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. ⁶For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.*

Isaiah 1:18, “...*Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.*”

Cottonwood Creek Challenge:

- Make corporate worship and Bible study a priority in 2017.
- Read Psalm 1 and memorize it. Whenever you find yourself weighed down by the world, meditate on the truth of this psalm, letting it encourage you spiritually, relationally and emotionally.
- Consider ways in which you can separate yourself from the council and company of characteristically wicked people, and set your heart and mind more fully on the truth of Christ and His Word.